

3-NATIONS BMX Cup AHNATAL / GERMANY



Griener Heimat
NordHessen



16.+17.



Official
Points for

MAI 2015



rsc-weimar-ahnatal.eu



DEAR GUESTS, WELCOME TO AHNATAL!

We are very proud and excited, to welcome all athletes, teams, officials and spectators to our international "3-Nations-Cup 2015" Race in Ahnatal, in the middle of Germany!

2012 was the opening ceremony and the first race on our track, in 2014 we had our first international Race!

The track is was built and designed by Tom Ritzenthaler in the years 2010 and 2011. We have a 5m UCI-Standard starting-hill and a split 2nd-straight. The track is really fast, about 32s for a top lap!

The municipality of Ahnatal was created within the framework of municipal reform in Hessen on 1st August 1972 by the merger of the villages of Weimar and Heckershausen. Since that time experienced a steady upswing Ahnatal is today an interesting and popular, through a variety of clubs, associations and public institutions distinct residential community in the direct surroundings of the city of Kassel, at the edge of the nature park Hawk forest between Dörnberg and Stahlberg. Ahnatal far has a millennial history. You can even assume that people here have already lived in the 4th century before Christ's birth. Finds from this period are testimony.

We hope to meet you here in Ahnatal, you are welcome!



Michael Aufenanger
Mayor of Ahnatal



Reinhard Kahl
President
RSC-Weimar-Ahnatal



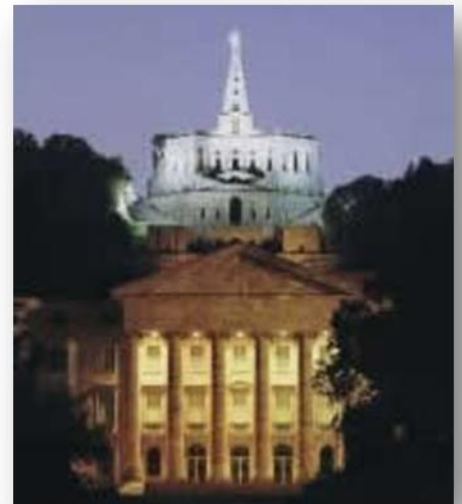
Carsten Rövenstrunk
BMX-Racing
RSC-Weimar-Ahnatal

AND ALSO WELCOME TO KASSEL AND NORTH HESSE

Come to Kassel in Northern Hesse, the home of the Brothers Grimm, where art and nature are equally important. Magnificent parks, internationally renowned art treasures, historical monuments and cultural institutions draw millions of visitors every year to this attractive city in Northern Hesse. Kassel, situated in the heart of Germany, is easily and quickly accessible by train or on the motorway. We look forward to seeing you here in Kassel.

Relaxation, nature enjoyment & spa in Bad Wilhelmshöhe

The mountain park Wilhelmshöhe is unique in the world. More than 400 woody plant species and beautiful plants grow on 240 hectares. When leisurely strolling or hiking, you will discover highlights, such as the nearly 300 year old Herkules, the fabulous Löwenburg, the Ballhaus or the greenhouse. The highlight in the summer months are the water-works, always from the 1st of May to the 3rd of October, on Wednesdays, Sundays and public holidays, starting from 2.30 p.m. – This is an experience you do not want to miss!



Arts, culture & architecture

Europe's oldest public museum and Germany's first established theatre building are situated in Kassel: the Fridericianum and the Ottoneum. Marvel at the precious collections, such as the Alte Meister gallery, with works by Rembrandt, Rubens and Dürer. Or visit the Caricatura- Germany's unique forum for comedy and satire – or the unique Museum für Sepulkralkultur, which presents exhibitions about the theme death culture. With the world exhibition "documenta", which takes place every five years, Kassel has become the navel of the world in regards to contemporary art. You are welcome!

Northern Hesse – an ideal destination for active holiday-makers

The home of the Brothers Grimm in Northern Hesse, with its attractive nature and diversified landscape, offers ideal and numerous options for spending an active holiday.

The hiking paths of the home of the Brothers Grimm in Northern Hesse provide unique nature experiences for holiday-makers. An example: the Hesse Werra

Castle Trail (X5 H) in the former inner-German frontier district.



It leads through a wildly romantic landscape, past castles, palaces, and small half-timbered villages, and offers fantastic views of the Werra Valley.

The home of the Brothers Grimm is also an ideal holiday region for bikers: from leisurely touring in enchanting river valleys to routes for ambitious cyclists, the low mountain landscape region offers everything.

The lakes and rivers of Northern Hesse are amongst the most beautiful canoeing regions of Germany. Various offers for water sports can be found on the large lakes of the region: the Edersee, the second largest reservoir in Germany, as well as Diemelsee and Twistesee or the Werratalsee.

www.grimmheimat.de/en





MeineCardPlus: Free admission and free travel in the home of the Brothers Grimm

Free admission to more than 100 recreational attractions and free travel with the regional buses and railways: MeineCardPlus, the innovative all-inclusive offering from the home of the Brothers Grimm in Northern Hesse, sets a new standard.

Whoever spends a holiday at one of the participating accommodation partners shall receive MeineCardPlus free of charge.

The range of leisure-time

offerings is very broad. For example, the UNESCO World Heritage Site National Park Kellerwald-Edersee and the adventure world Willingen with its mountain railway, lagoon pool and ice skating hall. Furthermore, adventure pools and introductory golf courses,



guided town tours and exhibition mines, baroque palace grounds and family-friendly wildlife parks can be experienced free of charge with MeineCardPlus.

All participating partners, recreational facilities, and information on the region are available at:

www.meincardplus.de

OUR VENUE:



TIME SCHEDULE:

Friday:

10:00 – 22.00	Opening of welcome desk for camping
18:00 – 19.30	Pickup wristbands at chef d'équipe
19:00 - 20:30	Gate practice

Saturday:

Classes (morning - only riders from 3-Nations):

- Girls 8 & -, 9/10, 11/12, Girls 13/14, Girls 15/16
- Boys 8 & -, 9/10, 11/12, Boys 13/14, Boys 15/16
- Cruisers 17/29, 30/39, 40/44, 45+, Cruiser Women

8:00 – 20:00	Opening of welcome desk for camping
9:30 - 11:00	Pickup wristbands at chef d'équipe
10:00 - 12:15	Gate practice for Girls & Boys 8 till 16 & Cruisers
12:30 - 15:00	Moto's for Girls & Boys 8 till 16 & Cruisers
15:00 - 16:45	¼, ½ and Finals
17:00	Award Ceremony
19:00 - 20:30	Gate practice

Time-schedule is subject to changes!

Sunday:

Classes (morning - open race - all nations):

- Girls 8 & -, 9/10, 11/12, Girls 13/14
- Boys 8 & -, 9/10, 11/12, Boys 13/14
- Men 30+

Classes (afternoon - all nations)

- Girls 15/16
- Boys 15/16
- Women 17+
- Men 17/29
- Junior Men, Junior Women, Elite Men, Elite Women

8:00 - 8:30	Pickup wristbands at chef d'équipe
8:00 - 8:50	Warm-up for Girls & Boys 8 till 14, Men 30+
9:00	Moto's for Girls & Boys 8 till 14, Men 30+ (open race)
± 11:30	Final races for Girls & Boys 8 till 14, Men 30+
12.00 - 12.30	Warm-up for Boys/Girls 15/16, Women 17+, Men 17-29, Women Junior, Men Junior, Women Elite, Men Elite
12.30 – 12.50	Proseccion
13:00 - 15:00	Moto's Boys/Girls 15/16, Men 17-29, Women 17+, Women Junior, Men Junior, Women Elite, Men Elite
15:00 - 16:45	¼, ½ and Finals
17:00	Award Ceremony

Time-schedule is subject to changes!



PRE-REGISTRATION:

On the Saturday of each race only riders from the 3-Nations are allowed to register. The Sunday races are UCI C1-races and are open to riders of **all countries**.

All riders have to pre-register through their own federation:

- For Dutch riders: pre-registration through www.knwu.nl/MijnKNWU.
- For German riders: pre-registration through dm-meldungen@bdr-online.org
- For Belgian riders: pre-registration through <http://competitie.dewielerbond.be/OnlineInschrijven>

Every federation will send this Registration sheet to fietscross@knwu.nl by the following deadlines:

Deadline for Ahnatal: Friday 1 May
Deadline for Baarn: Friday 15 May
Deadline for Peer: Friday 14 August

Federations should register the riders **preferred** with their **international plate number**. If there is no international plate number available, the riders can start with the national plate number! In the case of conflicting plate numbers in a category the UEC plate number will be used, otherwise the national Plate number. In other conflict cases the jury use the country code on the side plates:
(Belgium = Blue, Germany = Yellow, Netherland = Orange)

Federations have to pay for registrations by bank transfer to the bank account :

for Ahnatal: **RSC Weimar-Ahnatal e.V.**
Bank: Raiffeisenbank eG Calden
Swift-Bic.: GENODEF1CAL
IBAN: DE42520652200001803760
Comment: "3-nations Cup BMX Ahnatal"

for Baarn : **FCC The Wheely's**
Swift-Bic.: RABONL2U
IBAN: NL98RABO0304767247
Comment: "3-nations Cup BMX Baarn"

for Peer : **Peer BMX vzw**
Swift-Bic.: GEBA BE BB
IBAN: BE85 1430 7677 5706
Comment: "3-nations Cup BMX Peer"

REGISTRATION CONTROL

Every rider has to come to the registration control at the organization on race day. Registration of riders will be done by the chef d'équipe.

Registration times:	Friday	18:00 – 19:30
	Saturday	9:30 - 11:00
	Sunday	8:00 - 8:30

REGISTRATIONS FEE:*

- Challenge Classes € 16,50
- Junior Women, Junior Men: € 36,50
- Elite Women, Elite Men: € 51,50

*including € 1,50 per rider for Photo finish

ENTRANCE TICKETS:

- 13 years and over: Saturday € 8,00, Sunday: € 10,00, passe-partout: € 15,00.
- 5-12 years : Saturday € 5,00, Sunday: € 8,00, passe-partout: € 10,00.

CLASSES:

- Championship Classes :
 - Women Junior / Men Junior (only Sunday)
 - Women Elite / Men Elite (only Sunday)
- Challenge classes* :
 - Girls 8 & under, 9/10, 11/12, Girls 13/14, Girls 15/16
 - Boys 8 & under, 9/10, 11/12, Boys 13/14, Boys 15/16
 - Cruisers 17/29, 30/39, 40/44, 45+, Cruiser Women (only Saturday)
 - Men 30+ (only Sunday)
 - Men 17/29 (only Sunday)
 - Women 17+ (only Sunday)

*Click pedals are only allowed for classes 11 years and over

PRIZES AND AWARDS:

- For Challenge classes Boys and Girls 8- till 15/16: trophies for 8 finalists of each category per race.
- For Challenge classes Cruisers / Men 17+ / Women 17+: trophies for 3 finalists of each category per race.
- For Championship classes:
Prize money as listed below per race, according to the UCI C1 schedule:

	ELITE MEN	ELITE WOMEN	JUNIOR MEN	JUNIOR WOMEN
PLACE	€	€	€	€
1	800	450	350	200
2	400	200	175	100
3	200	150	125	75
4	175	100	75	65
5	150	75	50	45
6	125	50	40	30
7	100	40	30	20
8	75	25	20	10

3-NATIONS-AWARD

At the last 3-Nations BMX race an Award will be presented to the country with the best overall result.

Riders in the following categories will earn points for their country:

Saturday: Boys/Girls 7/8, 9/10, 11/12, 13/14.

Sunday: Boys/Girls 15/16, Men Junior, Women Junior, Men Elite, Women Elite. The winner of each category earns 10 points, then 8, 6, 5, 4, 3, 2, 1.

In the case of 2 countries having an equal amount of overall points, the country result of the last race will be decisive as to which country wins the 3-Nations BMX Award.

TEAMS AREA:

Area is available for

- UEC registered Teams
- Trade Teams
- National Teams

Team Area is free for National Teams! All other Teams have to pay 50,- € for the entire weekend. (Tent 6x3m) Parking in connection to Team Paddock is available, max. 1 car / team!

Team area reservation is to be sent back to the organizer to the address camping@bmx-ahnatal.eu Please use the document you can download on www.bmx-ahnatal.eu, you get back a confirmation-Mail.

CONTACT INFORMATION:

Organiser Ahnatal	Rad Sport Club Weimar-Ahnatal; Carsten Rövenstrunk Tel: +49-173-5408447 Email: bmx@hessen-radsport.de Website: www.rsc-weimar-ahnatal.eu
Organiser Baarn	FCC The Wheely's : Brigitte Verkuijl Tel: + 31 622952213 Email: secretaris@thewheelys.nl Website: www.thewheelys.nl
Organiser Peer	Peer BMX vzw, Raf Rubens Tel: +32-468-157682 Email: rafbmx@hotmail.com Website: www.peerbmx.be
Dutch Federation	Dennis van der Sanden ; tel +31 7513322 bmx@knwu.nl
German Federation	Falk Putzke; tel: +49-69-96780043, falk.putzke@bdr-online.org Florian Ludewig, tel: +49-172-2140933, florian.ludewig@gmx.de
Belgian Federation	Michel Vermeiren, tel: +32-476-438672, michel.vermeiren@belgiancycling.be



PARKING:

Free public parking areas are available next to the track. Arrows and various signs will lead you to the parking-zones. No Tents or Motorhomes will be accepted on the parking!

FOOD SERVICE:

Different food and drinks will be available around the track.

Hot dishes

Hot and cold drinks

Different cakes

ADDRESS OF TRACK:

BMX-Arena Ahnatal
Zentrale Sportanlage
Brückenmühle
34292 Ahnatal

From west: Autobahn A44, Exit 67 „Zierenberg“

Then on B251 „Ehlen“ → L3217

From south and north: Autobahn A7, Exit 80 “Dreieck Kassel Süd” on Autobahn A44 (then see above)

Destination: 51.366690° N, 9.414876° E

EXHIBITION-AREA:

An exhibition-area will be installed on the track site with different shops and exhibitors. Interests of space for your Bike-Shop: camping@bmx-ahnatal.eu for more information!

CAMPING-SITE AT THE TRACK:

We have about 100 places with electricity.

Cost is 40,- € for Caravans and 10,- € for Tents (Thursday to Sunday). It's possible to use showers and toilets in the sports hall near the track, follow the signs! For further questions and Camping-reservation please contact camping@bmx-ahnatal.eu

Please use the document you can download on www.bmx-ahnatal.eu, you get back a confirmation-Mail.

CAMPING NEAR THE TRACK:

A little Camping site is near the track, named “Campingplatz Bühl”.

With a car you can be in 6min. at the track, with a bike it's about 15min.

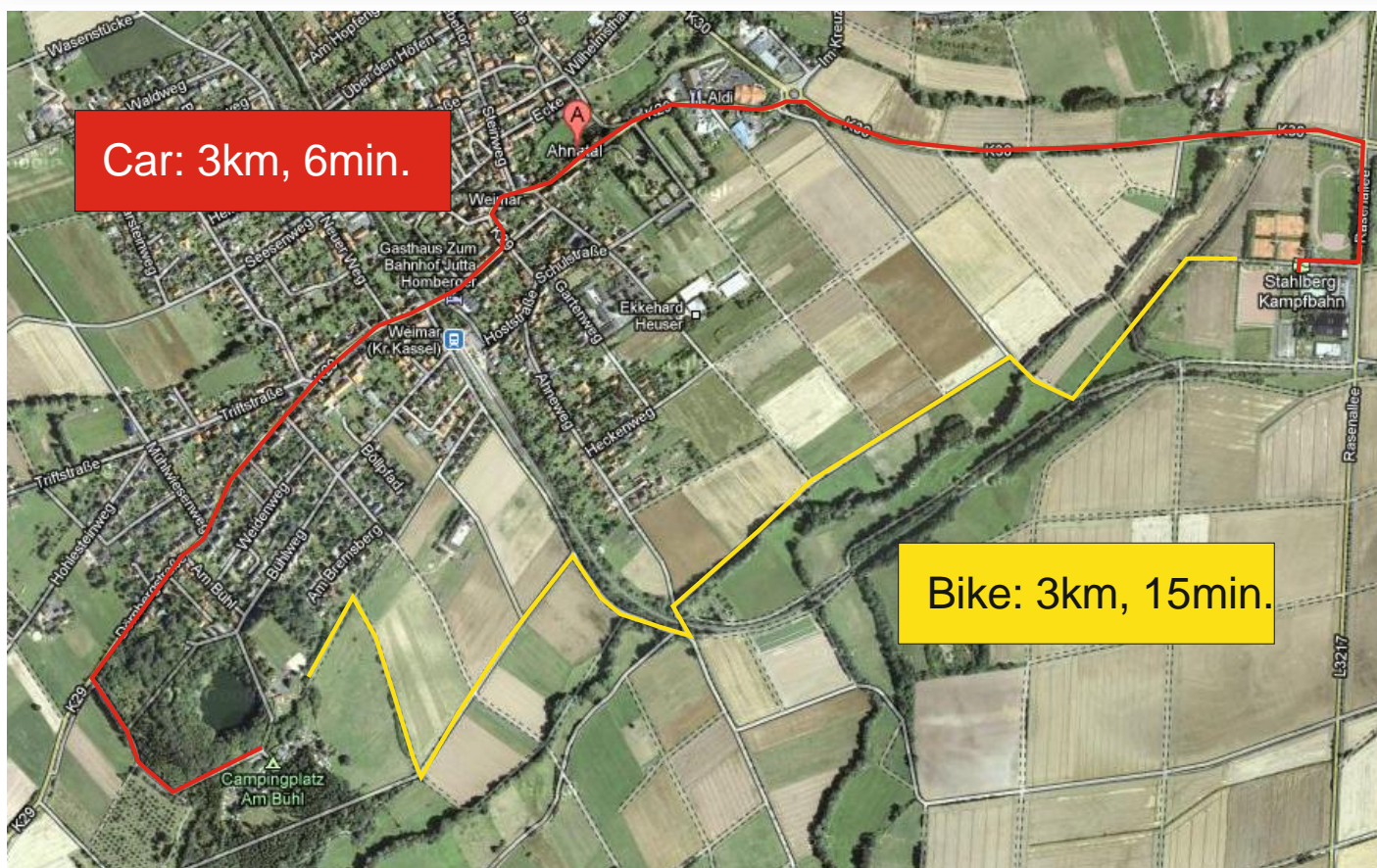
Adress: <http://www.campingplatz-buehl.de/>

Campingverein Bühl e.V.

Am Bühl 24

34292 Ahnatal

Phone: 0049(0)5609-9216



CAMPING IN ZIERENBERG (11km, 15min. by car):

Adress: http://campingplatz-zierenberg.de/Campingplatz_Zierenberg.htm

Campingplatz und Gasthaus "Zur Warme"

Im Nordbruch 2

34289 Zierenberg

Phone: 0049(0)5606-3966

Mobile: 0049(0)172-6456601

Mail: kirchberg-peter@t-online.de

HOTELS



Kontakt
Anfahrt
Newsletter
Gutscheine



Waldhotel Schäferberg Kassel

immer mehr Gastlichkeit

Adress: <http://www.waldhotel-schaeferberg.de>

Waldhotel Schäferberg (6km from track)

Wilhelmsthaler Straße 14

34314 Espenau / Kassel

Mail: info@schaeferberg.de



Adress: <http://www.lastrada.de/startseite/>
Hotel la Strada (14km from track)
Raiffeisenstraße 10
34121 Kassel
Mail: info@lastrada.de



Adress: <http://www.amsonnenhang.net>
Hotel Sonnenhang (3,5km from track)
Aspenstraße 6 - Sonnenhang 4
34128 Kassel
Mail: info@amsonnenhang.net



Adress: <http://www.papen-aenne.de>
Hotel und Gasthaus Papen Änne (3,6km from Track)
Wolfhager Straße 425
34128 Kassel
Mail: hotel@papen-aenne.de



Adress: <http://www.schlosshotel-wilhelmsthal.de>
Schlosshotel Wilhelmsthal (3,3km from Track)
Wilhelmsthal 3
34379 Calden
Mail: info@schlosshotel-wilhelmsthal.de



Hotel Schweizer Hof Kassel
 Wilhelmshöher Allee 288
 34131 Kassel
 Germany
 Tel. +49 (0) 561/ 9369-0
 Fax. +49 (0) 561/ 9369-9

[Download Hotelbroschüre](#)
[Download hotel brochure](#)



Adress: <http://www.hotel-schweizerhof-kassel.de>

Hotel Schweizer Hof (8km from Track)

Wilhelmshöher Allee 288

34131 Kassel

Mail: info@hotel-schweizerhof-kassel.de



Adress: <http://www.city-hotel-kassel.de>

City Hotel Kassel (11km from Track)

Wilhelmshöher Allee 38 - 42

34119 Kassel

Mail: kontakt@city-hotel-kassel.de

HESSEN



Landesschulamt und Lehrkräfteakademie: Lehrerbildung und Personalentwicklung

Adress: www.lsa.hessen.de

Landesschulamt und Lehrkräfteakademie (12km from Track)

Rothwestener Str. 2-14

34233 Fuldata

Mail: ayten.costa@lsa.hessen.de



Hotel *Haus Schönewald*

Ihr Familienhotel am Tor zum Reinhardswald

Adress: <http://www.hotel-schoenewald.de>

Hotel Haus Schönewald (12km from Track)

Wilhelmstr.17

34233 Fuldata

Mail: hotel-schoenewald@t-online.de

HOTELS COMPLETE LIST:

Please find below our link to all Hotels in Kassel and around:

<http://www.hotel.de/de/kassel/hotels-36197/>